

**INTERNATIONAL SCIENTIFIC CONFERENCE DEDICATED TO BLESSED MEMORY  
VYACHESLAV PETROVICH ZAYTSEV - SCIENTIST, DOCTOR, TEACHER, HEAD OF  
THE DEPARTMENT OF RECREATION AND PHYSICAL REHABILITATION OF THE  
KHARKIV STATE ACADEMY OF PHYSICAL CULTURE  
(Years of life: 25.05.1936 - 28.02.2015)**



*"... He was a special personality, talent, but most importantly - a gentle and kind person who treated everyone with the same respect, regardless of title and position..." (Zh.L. Kozina, 2015)*

### **Common information**

Vyacheslav Petrovich Zaitsev - Professor, Candidate of Medical Sciences, Corresponding Member of the Academy of Natural Sciences; head of the department of recreation and physical rehabilitation of the Kharkiv state academy of physical culture; one of the organizers of three annual international scientific conferences: "Physical education and sports in higher educational institutions" (April, Belgorod); "Problems and prospects for the development of sports games and martial arts in higher educational institutions (February, Kharkov); "Health-saving technologies, physical rehabilitation and recreation in higher educational institutions" (November, Kharkiv)

### **Biography**

Vyacheslav Petrovich Zaitsev was born on May 25, 1936 in the village. Kryukovo, near Kharkov. He was born into a large family. When the Great Patriotic War began, Vyacheslav Petrovich Zaitsev was five years old. Mom, Zaitseva (Churkina) Evdokia Dmitrievna, born in 1891 in 1944 received the Order of Maternal Glory, III degree for the birth and upbringing of seven children.

Father, Petr Vasilievich Zaitsev, born in 1890, served as a cavalryman in the lancer regiment in Petrograd (1912-1914), and then went through the First World War and the Civil War as part of the First Cavalry Army. Participated in the offensive operation of the Southwestern Front of the Russian Army under the command of General A.A. Brusilov (Lutsk breakthrough) from June 4 to August 13, 1916, for which he was awarded the St. George Cross. Together with his sons Alexei, Nikolai and Vladimir, he participated in the Patriotic War.

Brother Alexei, born in 1922, graduated from 10 classes in 1941 and was drafted into the Red Army in the flight troops. He is a participant in the parade on Red Square on November 7, 1941. He liberated Poland, Hungary, Germany, Czechoslovakia, Austria, and in 1947 he was demobilized as a senior sergeant. After the end of the war, he graduated from the Kursk Pedagogical Institute, worked as a history teacher and director of a secondary school in Belgorod

region. He was awarded the Order of the Patriotic War and the Medal for Military Merit.

Brother Nikolai, born in 1924, a paratrooper, received the Order of the Red Banner for the liberation of Kiev. Liberated Moldova, Bulgaria, Yugoslavia. Demobilized in 1947 as a foreman, later graduated from 10 classes and the Chisinau Pedagogical Institute. After that he worked as a teacher of Russian language and literature in Moldova.

Brother Vladimir, born in 1927 - a sailor, served on a minesweeper in the Baltic Sea from 1944 to 1951 and at the same time studied at an evening school in Libava (Latvia). After graduating from 10 classes in 1951, he was demobilized as a senior sailor and entered the Kharkov Medical Institute at the Faculty of Medicine. After graduation, he worked as a surgeon in Ukraine and Russia.

During the Battle of Kursk in July 1943, when a German shell hit, the father's house burned down and the family until 1946 lived in apartments with fellow villagers.

Other relatives also participated in the Patriotic War: Churkina's cousin Efrosinya Iosifovna, born in 1916, nurse, captain of the medical service; cousins - Churkin Vasily Iosifovich, born in 1907, Private and Churkin Fedor Iosifovich, born in 1909; cousins - Zaitsev Ivan Vasilievich, born in 1905, Zaitsev Lev Vasilyevich, born in 1920, who graduated from the Kharkov Civil Engineering Institute after the war. And Zaitsev Tikhon Vasilievich and Zaitsev Mikhail Vasilievich were shot by the Germans.

Vyacheslav Zaitsev went to first grade in 1944, when the Great Patriotic War was going on. There were 44 schoolchildren born in 1930-1937 in the first grade. There were no books, notebooks or ink, so they learned to write on newspapers and scraps of paper. The ink was made from the gunpowder of discharged mines. Many children paid for this with their health and lives. Like the whole generation, he survived the cold, the famine of 1946-1947 and the post-war devastation.

In 1954 he graduated from the evening secondary school for working youth No. 6 in Belgorod. For 4 years he worked and at the same time went in for cycling. He participated in competitions on the highway and track in the cities of Belgorod, Kursk, Rostov-on-Don, Tula, Nalchik and in Moscow. In 1956, he participated in Moscow in the Spartakiad of the peoples of the RSFSR in cycling (on the track).

In 1958 he entered the Kharkov Medical Institute at the Faculty of Medicine. It was very difficult to combine studies at a medical institute and playing sports, and he had to leave the sport.

In 1964 he graduated from the Kharkov Medical Institute, Faculty of Medicine, in 1969 - clinical residency at the Ukrainian Central Research Institute for Expertise of Working Ability and Organization of Work of the Disabled, in 1975 - University of International Relations at the Kharkov Society "Knowledge". After graduation, he served in the Armed Forces of the USSR as a unit doctor. Later he worked in Kharkov as a visiting doctor on a cardiological ambulance, head of the infarction department in a sanatorium, at a research institute as a junior researcher and academic secretary, and at universities in Ukraine and Russia as a senior lecturer, associate professor and professor of the department.

Since 1996, he worked as a professor at the Department of Physical Education and Sports of the Belgorod State Technological University named after V.G. Shukhov.

Since 2006, he worked as the head of the Department of Recreation and Physical Rehabilitation of the Kharkov State Academy of Physical Culture. The Department of Recreation and Physical Rehabilitation was established in 2006 on the basis of order No. 198 of August 28, 2006 of the rector of the KhSAPC, Professor N.A. Oleinik.

### **Scientific, pedagogical and international activities**

In 1974 he defended his Ph.D. thesis at the Kharkiv Medical Institute. The dissertation is devoted to social and labor rehabilitation of patients with silicosis working

in the engineering industry. At the same time, he worked on the problem of the working capacity of patients with silicosis working in the coal industry. His research is mainly devoted to clinical aspects in diseases of the cardiovascular and respiratory systems.

Since 1982, Vyacheslav Petrovitch has been conducting research on the medical and biological support of physical culture, sports and physical rehabilitation. Energy, creative enthusiasm, exactingness of Professor Zaitsev were a significant incentive for the scientific research of the teachers of the department. Vyacheslav Petrovitch generously gave his scientific knowledge and developments to his colleagues, he paid special attention to young teachers. He has always been distinguished by high efficiency, scientific productivity, passion for what he loves, the ability to interest colleagues in research work. It is necessary to learn and improve all your life - Professor Zaitsev convinced and continues to convince by his example.

Vyacheslav Petrovitch published 415 scientific, educational and methodical works. Among them: 6 monographs, 15 study guides, 3 lecture texts, 3 study programs, 18 guidelines (instructions). V.P. Zaitsev is a member of the editorial board of more than 30 scientific and scientific-methodical collections, of which 11 are the executive editor. His works are devoted to topical problems of diseases of the heart, blood vessels, lungs, bronchi, as well as the problems of students' health and their medical and biological support in the process of physical education and sports.

Scientific works of V.P. Zaitsev are published in almost all CIS countries, as well as in the central journals of Ukraine. In 1973, he completed his Ph. Recently, these and subsequent studies have been summarized in monographs, textbooks, guidelines, articles, both independently and in collaboration: Therapeutic physical culture in chronic nonspecific lung diseases (1992); Physical rehabilitation of patients after myocardial infarction (1995); Valeology - the doctrine of health (1996); Valeology: the formation and promotion of health (1998); Comprehensive Student Health Program (2000); Role actions of students for the improvement of a person in the educational process (2002); Formation of health-improving culture of students in a special educational department (2003); Management of creative activity of the department of physical education and sports of a technical university (2004); Optimization of the educational process in physical culture in a technical university (2006); Theory and practice in the algorithm of scientific research in physical culture and sports (2007); Physical culture in the algorithm of health-forming technologies (2008); Health-shaping technologies in the context of a gender approach (2009); Modern problems of recreation in a higher educational institution (2010) and others.

V.P. Zaitsev is one of the organizers of three annual international scientific conferences: "Problems and prospects for the development of sports games and martial arts in higher educational institutions (February, Kharkov); "Physical education and sports in higher educational institutions" (April, Belgorod); "Health-saving technologies, physical rehabilitation and recreation in higher educational institutions" (November, Kharkov).

Department of Recreation and Physical Rehabilitation, headed by V.P. Zaitsev, and currently maintains creative ties with many departments of his university, as well as with departments of universities from the years Kherson and Kharkov.

In recent years, he has been working on a textbook on the topic: "Physical recreation and the main diseases of modern civilization". It was attended by scientists, teachers and doctors from Serbia, Poland, Bulgaria and Ukraine.

Vyacheslav Petrovich was a cementing link that provides a strong creative scientific union of universities in Ukraine and Russia, which allows for a fruitful

activities in the field of physical education, sports, physical recreation and rehabilitation, using the experience of related departments.

In the last 5 years Zaitsev V.P. was engaged in the development of health-forming technologies in the context of a gender approach, the problem of forming a recreational culture of students, annually analyzing the dynamics of the health status of first-year students based on the results of a medical examination.

Vyacheslav Petrovich paid much attention to working with students. Under his scientific supervision, student research projects at competitions took first and other prizes in the Kherson, Kharkiv and in other cities of Ukraine and the world, and in 2006 student Tanya Kryuchkova, participated in the World Scientific Youth Forum in London. According to the results of the

competitive selection, the scientific work of Kryuchkova Tatiana was presented at the London International Youth Scientific Forum in 2006. Kryuchkova T.S. joined the national delegation of the Federation to participate in this forum, where she made a presentation in English.

### **Awards**

V.P. Zaitsev was awarded: badge "Honorary Worker of Higher Professional Education "; badge of honor "For merits in the development of physical culture". He has medals: "Veteran of Labor"; "Twenty Years of Victory in the Great Patriotic War 1941-1945".

### **Human qualities**

Vyacheslav Petrovich was an amazing person, hardworking, demanding in terms of discipline and professional attitude to business. The attractive force of his sincerity, openness, lively direct mind, kindness attracted both students, young scientists, and eminent academicians and professors. Vyacheslav Petrovich was the soul of any company - charming, friendly, caring, energetic, good-natured, cheerful ...

He was a loving husband, father, grandfather. His life path will light the way for many more generations of teachers, doctors, scientists, athletes.

*Eternal memory to you, dear Vyacheslav Petrovich ...*

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